



## An invitation to enter the Crediton Food Festival 16-17 June 2012 Healthy Lunch Primary School Competition

**First prize: £50 book token for the school**  
**Class trip to Quicke's Traditional**  
**Recipe(s) demonstrated at the Food Festival on 16 June 2012**

**Second prize: £25 book token**

**Third prize: £10 book token**

**All entries may be published in a School Recipe Booklet**

**With thanks to Quicke's Traditional for sponsoring the prizes.**

### To Enter:

1. Produce a recipe with **local produce as a main ingredient** (for inspiration go to [www.creditonlocalproduce.co.uk](http://www.creditonlocalproduce.co.uk) for a list of local producers or use produce grown in the school grounds/at home);
2. Introduce the recipe with a short paragraph about what inspired it; indicate in which season(s) the recipe can be produced; identify whether the recipe is to be cooked in the school kitchen or if it is for a packed lunch; list the ingredients and then the method.
3. Recipes can be entered by individuals or as a class effort but must be entered by the school.

### Need Extra Inspiration?

You could tie in the use of local produce with 2012 as the year of both the Queen's Diamond Jubilee and the London Olympics. The theme is entirely up to you.

Would you like a presentation at school assembly? Give us a call.

### Timing:

**Entries to be received by 21 May 2012**

**emailed to** [info@creditonlocalproduce.co.uk](mailto:info@creditonlocalproduce.co.uk)

**or posted** to Healthy Lunch Competition, Park House, Sandford, Crediton EX17 4NQ

Judging will take place on 1 June and prize presentation will take place at the Crediton Food Festival on Saturday 16 June 2012 in Crediton Town Square.

Any queries please call Alison on 07866 523509.

### The Judges:

**Mary Quicke** of Quicke's Traditional, **Ruth Beckley** of Ruth's Real Food

### Terms and conditions:

1. The Judges decision is final and no discussion will be entered into.
2. Sending in an entry implies that it can be published in a recipe booklet which may or may not be produced and sold by Crediton Food Festival. It is the final decision of the editor whether or not to include a recipe.
3. Entries may be submitted to analysis by Queen Elizabeth's students, results of which may be published.
4. The tour of Quicke's Traditional is offered free, the winning school must provide own transport. The school can also choose whether to tour the cheese making or the dairy facilities.